

# WORK Thru Sport - Internships Winter 2023

## Work Experience & Mentorship for Female High School Student-Athletes

All interns will have a catered program that includes a female mentor, a connection with a professional in their future field, pre-event preparation for their position, goal setting, action plans, self-assessments, reflections, as well as a certificate of program completion. Commitment is about 1 hour per week leading up to the event. Interns MUST be available for **ONE Event Day**. The following are positions available for Winter 2023:

**POSITION OPEN**   **POSITION FILLED**

**If a position is filled but you are still interested, please contact us as soon as possible.**

Position	Event	Event-Day Internship Role	Event Date/Location	Intern Timeframe
Athletic Therapy Field Support <i>(9/9 spots filled)</i>	<a href="#">JUST FOR HER Basketball League</a>	Internship will consist of injury assessments, rehabilitation, injury prevention, and athletic therapy services (i.e. taping).	February 4 or 5, 2023 <a href="#">Tait McKenzie Centre</a> February 18 or 19, 2023 <a href="#">Playground Durham</a>	January + February (6-8 weeks)
Sports Media Correspondent <i>(2/4 spots available)</i>	<a href="#">JUST FOR HER Basketball League</a>	Internship will consist of social media content creation which could include social media, photography, videography, and/or conducting interviews. Program will be catered to intern's interests.	February 4 or 5, 2023 <a href="#">Tait McKenzie Centre</a> February 18 or 19, 2023 <a href="#">Playground Durham</a>	January + February (6-8 weeks)
Mental Skills Training Workshop Facilitator <i>(2/2 spots filled)</i>	Mental skills workshop for female youth athletes.	Interns will learn about sport psychology and will have an opportunity to co-facilitate workshops for a girl's youth basketball team.	February 4 or 5, 2023 <a href="#">Tait McKenzie Centre</a>	January + February (6-8 weeks)

If you are interested in a position, please email us at [leadthrusport@gmail.com](mailto:leadthrusport@gmail.com) with your **name, age, area** you are located, the **position title** you are applying for, and what **future field(s)** of work you might be interested in (i.e. paramedicine).